

GRFU TRAINING COURSE SUBSIDIES FOR 2014/5

PLEASE NOTE ALL COURSE SUBSIDIES ARE PAID RETROSPECTIVELY TO THE CLUB UPON SUCCESSFUL COMPLETION OF THE TRAINING COURSE

Course Title	Duration/Min Age	Prerequisites	Total Cost Inc VAT	Candidate Cost	GRFU Subsidy	Notes
Coaching Courses						
Rugby Ready	3 Hrs/14*	None	£15	£5	£10	
Scrum Factory	3 Hrs/14*	None	£15	£5	£10	
Kids First TAG Rugby	3 Hrs/14*	None	£15	£5	£10	
Putting Kids First	3 Hrs/14*	None	£100/Course	£40	£60	Targetted course for clubs
Kids First Rugby - Schools	3 Hrs/14*	Qualified Teacher or AOTT	£25	£10	£15	Coach or referee TAG rugby in a Primary School
Teach/Coach Rugby in Secondary Schools	1 Day/18	None	£40	£15	£25	
Play it safe	3 Hrs/16*	None	£15	£5	£10	
In Touch	4 Hrs/18	None	Free	N/A	N/A	
Level 1 - Intro Children to Rugby Union	3 Days/16*	RR + IRB Online RR & Laws Test	£105	£40	£65	RR = Rugby Ready Course
Level 2 - Coaching the 15 a side game	3 days/18	L1 Coach or RR + SF IRB online RR + Laws Test	£115	£50	£65	SF = Scrum Factory
Level 3 - RFU Advanced Coaching Award	3 Full Days + Season Programme	L2 + Towards L3 CPD Wide coaching exp	£1,000	See Note	See Note	Only 24 places nationally/year Speak to Coaching Chairman

Note: Level 3 subsidies are considered on a case by case basis. A subsidy would normally only be considered for an individual involved with a GRFU representative side, or DPP, although the GRFU might look at a subsidy for an individual involved solely with a club in certain circumstances, but there is never a commitment to offer a subsidy.

Level 1 - Strength & Conditioning	2 Days/16*	None	£250	Discuss	Discuss	Specialist course subject to negotiation with Chairman Coaching
Level 2 - Strength & Conditioning	4 Days/18	None	£350	Discuss	Discuss	Specialist course subject to negotiation with Chairman Coaching

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Coaching Continuous Professional Development (CPD)

U7 - U12 CPD

Kids First Coaching Through Games	3 Hrs/14*	None	£15	£5	£10	
Kids First Continuity Pre-Contact	3 Hrs/14*	None	£15	£5	£10	
Kids First Continuity Post Contact	3 Hrs/14*	None	£15	£5	£10	

15 a side Game Coach CPD

Coaching Continuity	2.5 - 3 Hrs/14*	None	£15	£5	£10	
Coaching Back Attack	2.5 - 3 Hrs/14*	None	£15	£5	£10	
Coaching Defence	2.5 - 3 Hrs/14*	None	£15	£5	£10	
Coaching Half Back play	2.5 - 3 Hrs/14*	None	£15	£5	£10	
Coaching Kicking	2.5 - 3 Hrs/14*	None	£15	£5	£10	
Coaching Maul and Ruck	2.5 - 3 Hrs/14*	None	£15	£5	£10	
Coaching the Lineout	2.5 - 3 Hrs/14*	None	£15	£5	£10	
Team Selection	2.5 - 3 Hrs/14*	None	£15	£5	£10	

Note: 14*/16* signifies young coach must be supervised by a suitably trained adult when coaching until age 18 reached. Trained adult defined as over 18 having teaching, coaching or refereeing qualification. Supervised defined as on pitch, available for discussion, within face-to-face talking distance

Course Title	Duration/Min Age	Prerequisites	Total Cost Inc VAT	Candidate Cost	GRFU Subsidy	Notes
Advanced CPD						Advanced CPD required for those coaches aspiring to become L3
Goal Setting	3 Hrs/18	L2 Coach	£15	£5	£10	
Game Planning	3 Hrs/18	L2 Coach	£15	£5	£10	
Planning and Periodisation	3 Hrs/18	L2 Coach	£15	£5	£10	
Player Profiling	3 Hrs/18	L2 Coach	£15	£5	£10	
Director of Rugby Course	4 Days	None	£600	See Note	See Note	Stand Alone Course - Not Required for L3
Note:	Training by selection upon submission of your rugby and management CV. The target audience is professional coaches responsible for leading rugby programmes in clubs, schools, colleges and universities. It is therefore unlikely the GRFU would ever have a role for a DoR and could not benefit from the investment in the training. Any application for subsidy will be judged on its own merit but there is never a commitment to any subsidy.					

Referee and Match Official Courses

Subsidies for Rugby Ready, Scrum Factory and the Play it Safe Courses are as above

Refereeing Children - L1	3 Hrs/14*	IRB online RR	£15	£5	£10	Can referee TAG and contact rugby up to U12.
Referee Taster	2 Hrs/14*	None	Free	N/A	N/A	
Level 2 - Refereeing the 15 a side Game	2 Days/TBC	IRB online RR & Laws Test	£50	£20	£30	Recommend attending RR and SF courses before applying for course.

Referee CPD Modules

Match Preparation	2-3 Hrs/14*	None	£15	£5	£10	All CPD is both classroom and practical based
Game Understanding	2-3 Hrs/14*	None	£15	£5	£10	
Communication & Manager	2-3 Hrs/14*	None	£15	£5	£10	Aimed at Club, School and occasional referees

Course Title	Duration/Min Age	Prerequisites	Total Cost Inc VAT	Candidate Cost	GRFU Subsidy	Notes
Referee the Scrum	2-3 Hrs/14*	None	£15	£5	£10	Society Training Officers may deliver modules as part of internal Society Training
Referee the Lineout	2-3 Hrs/14*	None	£15	£5	£10	
Referee the Maul	2-3 Hrs/14*	None	£15	£5	£10	
Referee the Tackle & Ruck	2-3 Hrs/14*	None	£15	£5	£10	
Advantage	2-3 Hrs/14*	None	£15	£5	£10	
Practical Refereeing	2-3 Hrs/14*	None	£15	£5	£10	
Discipline - Report Writing	2-3 Hrs/14*	None	£15	£5	£10	
Feedback & Review Process	2-3 Hrs/14*	None	£15	£5	£10	
Assistant Referees	2-3 Hrs/14*	None	£15	£5	£10	
Managing Captains & Coaches	2-3 Hrs/14*	None	£15	£5	£10	
Communication Scripts	2-3 Hrs/14*	None	£15	£5	£10	

Note: 14* signifies that for a referee, he/she must be supervised by a suitably qualified adult pitchside throughout the game, available for discussion at half time and available for review following the game. This applies in all matches until the referee attains the age of 18 years.

FIRST AID AND MEDICAL COURSES

Emergency 1st Aid in Rugby Union	8 Hrs/16*	Pre Course Learning Complete	£65	£25	£40	Course could be mandated TBC
GRFU - First Aid Courses	4 Hrs	None	£30	£15	£15	Courses booked through County Office

Course Title	Duration/Min Age	Prerequisites	Total Cost Inc VAT	Candidate Cost	GRFU Subsidy	Notes
RFU Immediate Care in Sport	10 hrs/18	Pre Course Learning Complete	£300	See Note	See Note	Each request will be judged on its merits
RFU Advanced Immediate Care in Sport	20 hrs/18	Pre Course Learning Complete	TBC	See Note	See Note	Each request will be judged on its merits

Note: These courses are highly specialised and for health care professionals. Candidates for such training are likely to be volunteers working within the GRFU Representative Teams Structure. Any application for a subsidy will be judged on its own merits; there is never a commitment to any subsidy.

Note: 16* means individual directly supervised by suitably trained and qualified adult when providing 1st Aid cover until age 18 reached. Supervised defined as available for discussion, within face-to-face talking distance.

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